





What have you learned?




Over the last few weeks, what have you learned about the five ways to wellbeing?

What has been your favourite part about this topic?



What are your goals for the next school year? What would you like to achieve?

Think about your "hand of safety", who on their can support you in school and who can support you when at home?



Who am I?
If you had to describe yourself to someone what would you say. You can draw a portrait, write an autobiography.

Can you decorate a stone for our school? This can be a word, quote or image of what you think our school represents.

Is there anything you will do differently? After learning all about wellbeing what can you do to support your own wellbeing?